

# VantagePlus with Medica<sup>SM</sup>



## JUST WHAT THE DOCTOR ORDERED. EASY.

VantagePlus with Medica connects you with providers you know and trust. The network includes M Health Fairview, North Memorial Health, and many popular independent clinics. As a member of the VantagePlus network, you'll have in-network access to academic medicine and providers at the University of Minnesota. Plus, high-level trauma care from providers at North Memorial Health.

This unique partnership is called an accountable care organization. Your provider team will help you get the care you need when you need it – and make it as easy as possible. And if you're new to the plan, we'll give you a call to help you get off to a good start.

## An experience you'll love

- **One phone number** for questions about care, coverage, and more 24/7/365: **1 (866) 882-8493**.
- **Access to any primary or specialty care provider** in the VantagePlus network, including providers at the University of Minnesota, and high-level trauma care at North Memorial Health. Some specialty clinics require that you see a primary care provider first to help guide your care.
- **Pharmacy perks** that include a three-month supply of medication for only two copays when filled at a Fairview or North Memorial Health pharmacy (for members with a copay pharmacy plan).
- **A specially trained pharmacist** who'll make sure your medications are right for your conditions, lifestyle, and budget. This is called Medication Therapy Management.
- **MyChart, a secure online portal** that lets you schedule appointments, pay bills, see test results, request prescription refills, and more. Access MyChart here: **VantagePlusWithMedica.com**.
- **Multiple virtual care options available with M Health Fairview and North Memorial Health providers, including:**
  - 24/7/365 eVisits for many common health conditions. Answer questions about your symptoms through an online tool and providers will respond with a diagnosis and a prescription, if needed.
  - Schedule a phone or video visit with your primary or specialty care provider.
  - Send an online message to your care team through MyChart, anytime. A response is typically available within two business days, often sooner.
  - Virtual care options are available for medical and mental health services.

# Get the care you need — when and where you need it

- **Direct access** to more than 4,800 providers, 650 clinics, and 11 hospitals.
- **Same-day and virtual appointments** with primary care providers. Many clinics also offer walk-in care, along with early-morning, evening, and weekend hours.
- **Nurse advisors** you can reach 24/7/365.
- **Urgent Care** for issues that aren't life threatening but need attention right away. Open weeknights and often weekends, and/or holidays. No appointment needed.
- **A Travel Program Network** you can use when outside the service area (Minnesota, North Dakota, South Dakota, and western Wisconsin). The program's network is one of the largest in the country. And if you're a parent, even better: It covers your children when they're away at school. Emergency care services for students seeking care outside the ACO service area but within Medica's service area will be covered at the in-network benefit level. For other health care services, they will need to access care from a VantagePlus with Medica network partner for in-network benefits to apply.

## Built-in accountability to deliver better health + better care

VantagePlus with Medica is an accountable care organization (ACO). What that means is simple: We partner with a group of doctors, hospitals, and other health care providers to give you high-quality care at a lower cost. When you receive services through your ACO, you can be confident that your team of providers will proactively help you get the care you need, at the right place, and at the right time.

## Get the most value by staying in-network

Remember to see providers in the VantagePlus with Medica network. If you get care outside the network, your costs will be much higher. You can find network providers here: **VantagePlusWithMedica.com**.



Scan the code above with your phone's camera to find care options in your network.



### Have questions? We're here to help.

Want to know more about your benefits? Have another question? Call **1 (866) 882-8493** (TTY: **711**) 24/7/365. You can also check out **VantagePlusWithMedica.com**.