



ACCOUNTABLE CARE ORGANIZATION PLAN DETAILS

**Park Nicollet and HealthPartners  
Medical Group First with Medica<sup>SM</sup>**



HealthPartners  
Park Nicollet

# About Park Nicollet and HealthPartners Medical Group First

Park Nicollet and HealthPartners Medical Group First is an accountable care organization (ACO) built on the strength of one of the nation's largest multi-specialty clinics, including 50 neighborhood clinics and more than 55 medical specialties.

Members have access to our integrated health care system, including care at:

- Bariatric Surgery & Weight Center
- Burnsville Same Day Surgery Center
- Child & Family Behavioral Health (formerly Alexander Center)
- Family Birth Center
- Frauenshuh Cancer Center
- HealthPartners Neuroscience Center
- HealthPartners Same Day Surgery Center
- Heart and Vascular Center
- Jane Brattain Breast Center
- Joint Replacement Institute
- Maple Grove Same Day Surgery Center
- Melrose Center (for eating disorders)
- Regions Hospital Burn Center
- Sleep Center
- St. Louis Park Same Day Surgery Center
- Struthers Parkinson's Center
- Women's Center
- TRIA Orthopedic Center, featuring our Neck and Back Strengthening Program

And HealthPartners.com features an urgent care wait-time indicator with wait times for all 20 urgent care locations.



## What is an Accountable Care Organization?

Accountable care organizations (ACOs) are networks or teams of health care providers (such as clinics, hospitals, doctors, and specialists) that partner with us to make health care more efficient and improve the member experience. The network may be smaller than our other open access networks, but the benefits are bigger and better.

### ACOs deliver results

**Costs** — up to 20% cost savings compared to open access products

**Clinical quality** — better member engagement and care coordination

**Care** — higher rates of satisfaction with care that focuses on quality and prevention resulting in healthier habits and better health

**Consumer experience** — 97% of members renew into an ACO product\*

\*Results based on 2022 enrollment

### Travel Program Network

When traveling outside of the Medica service area (Minnesota, North Dakota, South Dakota, and western Wisconsin), members are covered by the Travel Program Network, one of the country's largest travel networks. If members have children attending college outside the service area, they can use this network, too. Emergency care services for students seeking care outside the ACO service area but within Medica's service area will be covered at the in-network benefit level. For other health care services, they will need to access care from an ACO network provider for in-network benefits to apply.

### Referrals

Members don't need a referral to see an in-network specialist. One call connects them to all of their health care resources, with same-day appointments, including weekend and evening hours.

# The Park Nicollet and HealthPartners Medical Group First with Medica experience

Our goal is simple: To help members get the care they need when and where they need it — because their experience is at the center of everything we do.

## Direct access to providers

Members may see any primary or specialty care provider in the Park Nicollet and HealthPartners Medical Group First network without a referral.

## Urgent care options

Urgent care locations open late, seven days a week. Wait times listed at [HealthPartners.com](https://www.healthpartners.com).

## 24/7 nurse and advisor line

Call a nurse and advisor line staffed by Park Nicollet, HealthPartners, and Medica, 24/7.

## Online care anytime

Get an online diagnosis and treatment anytime for 60 common medical conditions at [Virtuwell.com](https://www.virtuwell.com).

## Care on your terms

SmartCare<sup>SM</sup> — getting health care when and where you need it — at the clinic, on your phone, or online.

## Same-day appointments

Make same-day primary care appointments with weekend and evening hours.



## When it comes to health care, everyone wants choices

If Park Nicollet and HealthPartners Medical Group First with Medica is not the right fit for an employee, they have the option to choose Medica Choice<sup>®</sup> Passport, which is an open access plan that offers a large network of providers nationwide. Regardless of their choice, employees have access to quality care, and they can pick a plan that gives them the care, ease of use, and cost savings that they want.



# Choose Park Nicollet and HealthPartners Medical Group First with Medica

## **Park Nicollet**

- Bloomington
- Brookdale (Brooklyn Center)
- Burnsville
- Carlson Parkway (Minnetonka)
- Champlin
- Chanhassen
- Creekside (St. Louis Park)
- Eagan
- Eden Prairie
- Golden Valley
- Lakeville
- Maple Grove
- Minneapolis
- Plymouth
- Prior Lake
- Rogers
- St. Louis Park (3850 Bldg)
- Shakopee
- SmartCare (St. Louis Park)
- Wayzata

## **HealthPartners**

- Andover
- Anoka
- Apple Valley
- Arden Hills
- Bloomington
- Brooklyn Center
- Coon Rapids
- Eagan
- Elk River
- Hudson (WI)
- Hugo
- Inver Grove Heights
- Lino Lakes
- Maplewood
- Minneapolis (Nokomis)
- Roseville
- St. Louis Park (West End)
- St. Paul (Wabasha)
- Somerset (WI)
- Stillwater

- White Bear Lake
- Woodbury

## **Hospitals**

- **Children's Health Care**  
Minneapolis & St. Paul
- **Lakeview Hospital**  
Stillwater
- **Methodist Hospital**  
St. Louis Park
- **Regions Hospital**  
St. Paul
- **St. Francis Regional Medical Center**  
Shakopee

## **Ambulatory Surgery Center**

- **Burnsville Same Day Surgery Center**  
Burnsville
- **HealthPartners Same Day Surgery Center** St.Paul
- **Park Nicollet Same Day Surgery Center** Maple Grove & St. Louis Park
- **TRIA Orthopedic Center**  
Bloomington & Woodbury

Visit [Medica.com/ParkNicolletForEmployers](https://www.Medica.com/ParkNicolletForEmployers) to see a current and complete listing of providers and hospitals.



**Have questions? We're here to help.**

To learn more, contact your broker or Medica Sales at **1 (800) 371-1613** (TTY: 711).